

1.	, 50m						(15-16 )
1.	,	2004	II	-		<b>30.70</b>	I 556
2.	,	2004	I	-		<b>30.86</b>	I 547
3.	,	2003	I	- -		<b>31.51</b>	I 514
2.	, 50m						(13-14 )
1.	,	2006	I			<b>36.20</b>	II 495
2.	,	2005	II	- -		<b>39.00</b>	II 396
3.	,	2006	II			<b>41.63</b>	III 325
3.	, 200m						(15-16 )
1.	,	2004	I			<b>1:59.57</b>	I 573
2.	,	2003	I			<b>2:00.45</b>	I 561
3.	,	2004	I	- -		<b>2:02.19</b>	I 537
4.	, 200m						(13-14 )
1.	,	2005	I	- -		<b>2:21.01</b>	I 480
2.	,	2005	I			<b>2:22.69</b>	II 463
3.	,	2006	II			<b>2:29.08</b>	II 406
5.	, 100m						(15-16 )
1.	,	2004				<b>56.87</b>	635
2.	,	2004	I	-		<b>1:01.82</b>	I 494
3.	,	2003	I			<b>1:02.44</b>	I 480
6.	, 100m						(13-14 )
1.	,	2006	I			<b>1:10.42</b>	I 477
2.	,	2005	I	- -		<b>1:11.38</b>	I 458
3.	,	2005	II			<b>1:13.11</b>	I 426
7.	, 200m						(15-16 )
1.	,	2004	II	- -		<b>2:28.17</b>	II 393
2.	,	2004	II			<b>2:33.89</b>	II 351
8.	, 200m						(13-14 )
1.	,	2006		-		<b>2:33.11</b>	I 476
2.	,	2005	II			<b>2:50.38</b>	II 345
3.	,	2005	II			<b>3:02.08</b>	III 283

" (25 )

"ALT-Timing"

- I IX  
 , 18-20.02.2019

9.	, 100m						(15-16 )
1.	,	2004	I	-		<b>1:00.78</b>	566
2.	,	2004	II	-		<b>1:01.80</b>	539
3.	,	2004	I	-		<b>1:03.60</b>	I 494
10.	, 100m						(13-14 )
1.	,	2006	II			<b>1:14.83</b>	I 430
2.	,	2006	III	-		<b>1:18.09</b>	II 378
3.	,	2006	III	-		<b>1:19.94</b>	II 353
11.	, 1500m						(15-16 )
1.	,	2004				<b>16:13.79</b>	660
2.	,	2003	I	- -		<b>17:24.37</b>	I 535
3.	,	2004	II	- -		<b>18:22.56</b>	II 455
12.	, 1500m						(13-14 )
1.	,	2005	I	- -		<b>19:50.50</b>	I 461
2.	,	2006	II			<b>20:53.48</b>	II 395
3.	,	2006	II			<b>21:47.51</b>	II 348
13.	, 50m						(15-16 )
1.	,	2004				<b>26.88</b>	564
2.	,	2003	I			<b>28.52</b>	I 472
3.	,	2003	I			<b>28.78</b>	I 460
14.	, 50m						(13-14 )
1.	,	2006	I			<b>32.57</b>	II 489
2.	,	2005	II			<b>34.55</b>	II 410
3.	,	2005	II	- -		<b>35.38</b>	II 381
15.	, 50m						(15-16 )
1.	,	2004	I			<b>25.19</b>	II 520
2.	,	2004	I			<b>25.60</b>	II 495
3.	,	2004	I			<b>25.65</b>	II 492
16.	, 50m						(13-14 )
1.	,	2005	I			<b>28.88</b>	II 500
2.	,	2005	I	- -		<b>29.06</b>	II 491
3.	,	2006	II	- -		<b>30.52</b>	II 424

" (25 )

"ALT-Timing"

- I IX  
, 18-20.02.2019

17.	, 100m						(15-16 )
1.	,	2003	I			<b>1:00.08</b>	I 512
2.	,	2004	I	- -		<b>1:00.10</b>	I 512
3.	,	2003	I			<b>1:04.16</b>	II 420
18.	, 100m						(13-14 )
1.	,	2005	II			<b>1:12.31</b>	II 430
2.	,	2005	II			<b>1:17.59</b>	II 348
3.	,	2006	II			<b>1:17.76</b>	II 346
19.	, 400m						(15-16 )
1.	,	2004	I	-		<b>4:57.32</b>	I 496
2.	,	2003	III			<b>6:08.10</b>	III 261
20.	, 400m						(13-14 )
1.	,	2005		-		<b>5:06.88</b>	600
2.	,	2005	I	- -		<b>5:21.61</b>	I 521
3.	,	2005	II			<b>5:39.90</b>	I 442
21.	, 200m						(15-16 )
1.	,	2004	I	-		<b>2:26.39</b>	556
2.	,	2004	II	-		<b>2:28.37</b>	I 534
3.	,	2003	I	- -		<b>2:30.83</b>	I 509
22.	, 200m						(13-14 )
1.	,	2006	I			<b>2:44.04</b>	552
2.	,	2006	II			<b>2:55.86</b>	II 448
3.	,	2005	II	- -		<b>3:02.86</b>	II 398
23.	, 400m						(15-16 )
1.	,	2004				<b>4:11.65</b>	I 600
2.	,	2003	I			<b>4:14.91</b>	I 577
3.	,	2003	I			<b>4:25.42</b>	I 511
24.	, 400m						(13-14 )
1.	,	2006	I	-		<b>4:38.54</b>	I 596
2.	,	2006		-		<b>4:42.70</b>	I 570
3.	,	2006	II			<b>5:18.86</b>	II 397

" (25 )

"ALT-Timing"

- I IX  
 , 18-20.02.2019

25.	, 50m						(15-16 )
1.	,	2004	II	-		<b>26.94</b>	I 529
2.	,	2004	I	-	-	<b>27.10</b>	I 520
3.	,	2004	II	-		<b>27.90</b>	II 477
26.	, 50m						(13-14 )
1.	,	2006	I			<b>32.02</b>	II 441
2.	,	2005	II			<b>32.78</b>	II 411
3.	,	2005	II			<b>33.83</b>	III 374
27.	, 100m						(15-16 )
1.	,	2003	I			<b>54.86</b>	I 549
2.	,	2004	I			<b>55.29</b>	I 536
3.	,	2003	I			<b>55.63</b>	I 527
28.	, 100m						(13-14 )
1.	,	2005	I	-	-	<b>1:02.54</b>	I 518
2.	,	2005	I			<b>1:03.66</b>	I 491
3.	,	2005	II			<b>1:04.33</b>	II 476
29.	, 100m						(15-16 )
1.	,	2004	I	-		<b>1:07.51</b>	I 558
2.	,	2004	II	-		<b>1:07.61</b>	I 556
3.	,	2003	II	-		<b>1:08.54</b>	I 534
30.	, 100m						(13-14 )
1.	,	2006	I			<b>1:15.76</b>	557
2.	,	2005	II			<b>1:20.29</b>	I 468
3.	,	2006	II			<b>1:22.36</b>	II 434
31.	, 200m						(15-16 )
1.	,	2004	II			<b>2:31.81</b>	II 376
2.	,	2004				<b>2:36.23</b>	II 345
32.	, 200m						(13-14 )
1.	,	2005	I	-	-	<b>2:35.98</b>	I 476
2.	,	2006	III	-		<b>2:49.16</b>	II 373
3.	,	2006	II			<b>2:50.11</b>	II 367

" (25 )

"ALT-Timing"

- I IX  
, 18-20.02.2019

33.	, 200m					(15-16 )
1.	,	2004			<b>2:04.50</b>	610
2.	,	2004	I	-	<b>2:10.79</b>	526
3.	,	2003	I		<b>2:12.38</b>	I 508
34.	, 200m					(13-14 )
1.	,	2005	I	- -	<b>2:35.80</b>	II 448
2.	,	2005	II		<b>2:39.81</b>	II 415
3.	,	2005	II	- -	<b>2:40.23</b>	II 412
35.	, 800m					(15-16 )
1.	,	2004			<b>8:46.83</b>	596
2.	,	2003	I	- -	<b>9:03.53</b>	I 542
3.	,	2003	I		<b>9:33.83</b>	II 461
36.	, 800m					(13-14 )
1.	,	2005		-	<b>9:09.03</b>	665
2.	,	2006	I	-	<b>9:32.76</b>	586
3.	,	2006		-	<b>9:35.82</b>	I 576